

Study*ladder*



THE COMMONWEALTH GAMES

Activity Book

THE COMMONWEALTH GAMES

The Commonwealth Games are an international, multi-sport event like the Olympics except athletes are from the nations of the Commonwealth. This includes the home nations of the United Kingdom (England, Scotland, Wales, and Northern Ireland).

The first Commonwealth Games were held in 1930 in Hamilton, Canada. The games have been held every four years since 1930 except 1942 and 1946 because of World War II. The 2014 Commonwealth Games are being held in Glasgow Scotland.

The Commonwealth Games have been called different names. From 1930 to 1950, they were called the "British Empire Games". From 1954 to 1966 they were named the "British Empire and Commonwealth Games". In 1970 and 1974 they were called the "British Commonwealth Games". Since 1978 they have been known as the "Commonwealth Games".

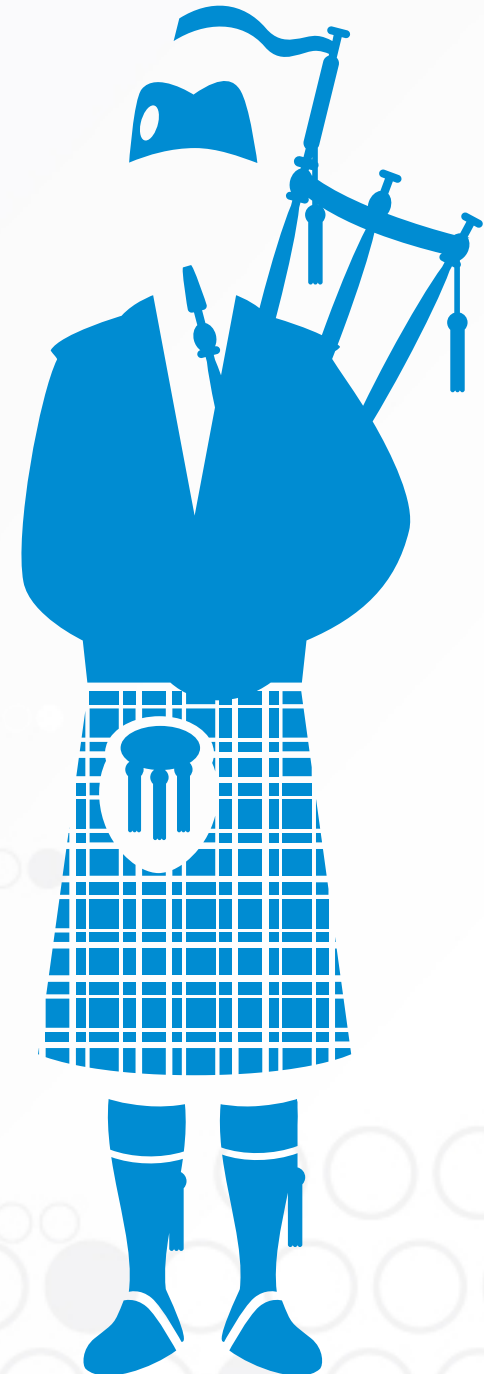
Only six teams have attended every Commonwealth Games. They are Australia, Canada, England, New Zealand, Scotland, and Wales. There will be 71 participating nations at the 2014 Commonwealth Games in Glasgow.

The Commonwealth Games Federation (CGF) is the group in charge of the Commonwealth Games. The Commonwealth Games movement has three core values: Humanity, Equality and Destiny.

The city hosting the Commonwealth Games chooses a minimum of 10 core sports and up to an additional seven sports from a list of optional sports. The CGF and International Paralympic Committee have also established a list of four core para-sports for elite athletes with a disability.

In Glasgow there will be a total of 17 sports and 261 medal events, and 22 para-sport events.

The Commonwealth Games have been known as the 'Friendly Games'.



COMPREHENSION QUESTIONS

1. In what year were the Commonwealth Games first held?

- a) 1913
- b) 1930
- c) 1931
- d) 1933

2. What does "CGF" stand for?

- a) Games of the Commonwealth Federation
- b) Commonwealth Group Federation
- c) Commonwealth Games Federation
- d) Countries of the Commonwealth Federation

3. True or False?

Only five teams have attended every Commonwealth Games.

- a) True
- b) False

4. What were the Commonwealth Games first called?

- a) British Commonwealth Games
- b) British Empire and Commonwealth Games
- c) British Commonwealth and Empire Games
- d) British Empire Games

5. What is the minimum number of core sports the host city must choose?

- a) 10
- b) 17
- c) 22
- d) 261



6. How many para-sport events will there be in Glasgow?

- a) 10
- b) 17
- c) 22
- d) 261

7. In what years were the Commonwealth Games not held?

- a) 1930 and 1932
- b) 1942 and 1946
- c) 1954 and 1966
- d) 1970 and 1974

8. What are the Commonwealth Games known as?

- a) The Friendship Games
- b) The Sporty Games
- c) The Happy Games
- d) The Friendly Games

9. How many medal events will there be in Glasgow?

- a) 261
- b) 216
- c) 612
- d) 126

10. The Commonwealth Games are similar to what other international, multi-sport event?

- a) Rugby World Cup
- b) World Cup
- c) Olympics
- d) World Series



COMMONWEALTH GAMES RESEARCH QUESTIONS

Q1. The first games were held in 1930. Where were they held and what were the games called?

Q2. How many times has Scotland hosted the games?

Q3. What are the ten "core sports" of the Commonwealth Games?

1. _____

2. _____

3. _____

4. _____

5. _____

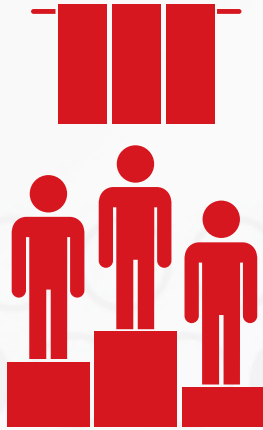
6. _____

7. _____

8. _____

9. _____

10. _____



Q4. What are the seven "selected sports" in Glasgow?

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____



Q5. What country has won the most medals at Commonwealth Games?

Q6. List the Commonwealth Games mascots since 2002.

2002 _____

2006 _____

2010 _____

2014 _____



MAKING WORDS

Using only the letters in the word "Scotland", can you make at least 12 words? Can you make more? Each letter can only be used once. Words must be at least three letters. For example: NOT, COLD, and TOADS

Rearrange the letters to make the names of these Commonwealth countries: Fiji Canada Australia Samoa Jamaica England Nigeria Guernsey Scotland India

iaidn _____

maiajac _____

danlocts _____

aaialustr _____

omsaa _____

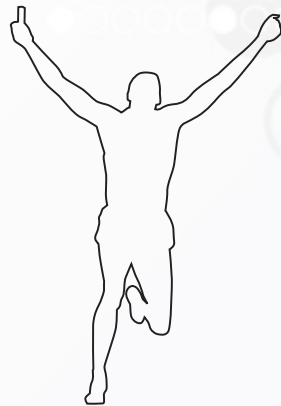
airegin _____

acaand _____

ygeusenr _____

nnladge _____

ifji _____



FIND-A-WORD

A	C	S	M	K	B	S	E	L	A	W	I
D	U	C	A	M	E	R	O	O	N	Z	W
N	G	A	I	H	L	S	A	M	O	A	A
A	N	N	S	A	I	T	E	B	M	M	L
G	O	A	Y	S	Z	L	M	E	K	B	A
U	N	D	A	H	E	U	N	E	I	I	M
Z	A	A	L	C	Z	C	R	N	R	A	S
L	U	K	A	S	G	I	B	G	I	M	U
K	R	N	M	Z	I	A	L	L	B	A	R
A	U	S	T	R	A	L	I	A	A	L	P
D	N	A	L	T	O	C	S	N	T	T	Y
I	G	H	A	N	A	I	N	D	I	A	C

Find these Commonwealth countries

- | | | |
|-----------|----------|----------|
| Australia | India | Samoa |
| Belize | Kiribati | Scotland |
| Cameroon | Malawi | St Lucia |
| Canada | Malaysia | Uganda |
| Cyprus | Malta | Wales |
| England | Nauru | Zambia |
| Ghana | | |

RHYMING WORDS

Select the rhyming word.

- | | | |
|-------------|-----------|-----------|
| 1. run | 4. games | 7. Clyde |
| a) rub | a) grain | a) climb |
| b) write | b) names | b) cycle |
| c) son | c) same | c) clad |
| d) rent | d) groans | d) bride |
| 2. jump | 5. gold | 8. sport |
| a) hump | a) girl | a) sponge |
| b) jack | b) goal | b) sprain |
| c) jail | c) good | c) caught |
| d) jape | d) sold | d) part |
| 3. swimming | 6. medal | 9. team |
| a) sailing | a) pedal | a) time |
| b) swimmer | b) medium | b) tame |
| c) swum | c) mend | c) steam |
| d) trimming | d) mail | d) tomb |
| | | 10. host |
| | | a) mast |
| | | b) roast |
| | | c) hose |
| | | d) missed |



MIGHTY MATHS BRAIN TEASERS

1. Peter is a long distance runner. He drinks 1 litre of water every hour while training. Peter trains for two hours every day.

How much water will Peter drink at training in a week? _____

2. What three dimensional shape is a hockey ball? _____

What two dimensional shape is a hockey field? _____

3. Jill knows 9 people going to Glasgow to see the Commonwealth Games. Jason knows 6 and Ling knows 5 people going. Tom only knows 3 people going.

Who knows the most people going to Glasgow? _____

Who knows the least people going to Glasgow? _____

How many more people going to Glasgow does Jill know than Ling?

What is the total number of people Jill, Jason and Ling know who are going to Glasgow? _____

4. What number comes next?

3, 6, 9, _____

2, 9, 16, _____

12, 10, 8, _____

76, 66, 56, _____

45, 40, 35, _____

600, 450, 300, _____

5. Brian was born in 1999. Lexi was born in 2000. Cary was born in 2002.

Ahmed was born in 2001. Sally was born in 1998.

How old will Brian turn in 2014? _____

How old will Ahmed turn in 2014? _____

How old will Sally turn in 2014? _____

Who is the oldest? _____

Who is the youngest? _____

Place them in order from youngest to oldest.

6. It takes Josh 2 hours to travel to Glasgow by train.

If Josh catches the early train at 9am, what time will he arrive? _____

If Josh catches the later train at 1.30pm, what time will he arrive? _____

It takes Majed and his family 180 minutes to drive to Glasgow. How many hours does it take? _____

Oscar arrived in Glasgow at 8am and left at 8pm the same day. How many hours was Oscar in Glasgow? _____

7. What number is 1 less than 350? _____

What number is 5 less than 350? _____

What number is 10 less than 350? _____

What number is 50 less than 350? _____

What number is 100 less than 350? _____

What number is 101 less than 350? _____

8. Ollie took a bag of 20 chocolates to eat while watching the swimming finals.

How many chocolates would Ollie have left if he gave half to his friends?

How many of the 20 chocolates would Ollie have left if he gave 7 to his friends? _____

If Ollie shared the 20 chocolates equally between himself and three friends, how many would they get each? _____

9. The sports field Amy trains on is rectangular.

The dimensions are 100m x 50m.

If Amy walks around the field once, how far will she walk? _____

If Amy walks around the field three times, how far will she walk? _____

How many right angles does the field have? _____

If it takes Amy 2 minutes to walk one long side of the field, how long will it take her to walk around the whole field once? _____



10. **One of the weightlifters at the games can lift 200kg.**

How many times will it take him to lift a total of 1000kg? _____

Another weightlifter lifted 160kg, 150kg and 140kg.

What total weigh did he lift? _____

11. **Celtic Park is one of the stadiums in Glasgow and has a seating capacity of 60000 people.**

If the stadium is $\frac{1}{3}$ empty, how many people are there? _____

If the stadium is half full, how many people are there? _____

If the stadium is full and 29000 people are men, how many women are there? _____

12. **John spends 6 hours a day training.**

What fraction of a day is 6 hours? _____

Sharon spends 12 a day hours training.

What fraction of a day is 12 hours? _____

Clarice spends 8 a day hours training.

What fraction of a day is 8 hours? _____

13. **Stuart has 42m of rope to show the path of the running track.**

If Stuart cuts the rope into 6 equal pieces,
how long will each piece be? _____

If Stuart cuts the rope into 7 equal pieces,
how long will each piece be? _____

If Stuart cuts the rope into 2 equal pieces,
how long will each piece be? _____

14. **David trained from 9am to 11.00am. How long did David train?**

Davor trained from 10am to 1pm. How long did Davor train? _____

Joe trained from 8:30am to 1:45pm. How long did Joe train? _____

Sally trained from 8:45am to 11.30am. How long did Sally train? _____

Georgia trained from 9:15am to 11:45am.

How long did Georgia train? _____

Who trained the longest amount of time? _____

Who trained the shortest amount of time? _____

15. **Write the number to balance the equation.**

$$7 + 6 = 5 + \underline{\quad}$$

$$5 \times 6 = 25 + \underline{\quad}$$

$$3 \times 6 = 2 \times \underline{\quad}$$

$$\underline{\quad} - 7 = 3 + 2$$

$$9 + 12 = 25 - \underline{\quad}$$

$$2 \times \underline{\quad} = 30 - 8$$

$$11 + \underline{\quad} = 7 + 8$$

$$16 + 17 = \underline{\quad} + 3$$

MAPWORK

On the map of the world, locate, name and colour the countries that have participated in every Commonwealth Games.

(Australia, Canada, England, New Zealand, Scotland, and Wales.)

Mark 6 other Commonwealth countries.



SCOTLAND AND GLASGOW FACTS.

True or False?

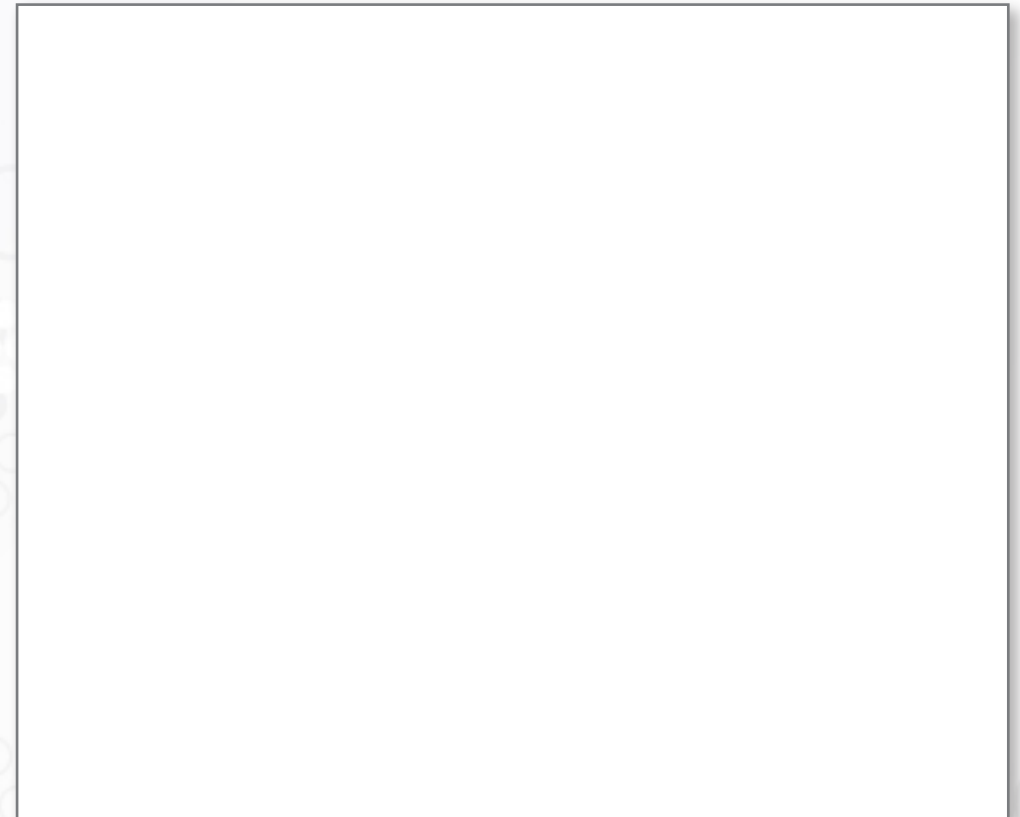
1. Scotland is part of Great Britain.
a) True
b) False
2. The largest city in Scotland is Glasgow.
a) True
b) False
3. The rose is a national symbol of Scotland.
a) True
b) False
4. Scotland has many traditions including bagpipes, kilts and highland dancing.
a) True
b) False
5. The capital of Scotland is Glasgow.
a) True
b) False
6. Glasgow is located on the river Clyde.
a) True
b) False
7. The main languages spoken in Glasgow are English and German.
a) True
b) False
8. Glasgow has hosted the Commonwealth Games three times.
a) True
b) False
9. The national flag of Scotland is called the "Saltire" or "St. Andrew's Cross".
a) True
b) False
10. Someone from Glasgow is known as a "Glaswegian".
a) True
b) False

ART

Design and draw a games mascot.

The mascot for the 2014 Commonwealth Games is "Clyde the Thistle Man". Some other Commonwealth Games mascots were "Karak the cockatoo" (2006) and "Matilda the kangaroo" (1982).

Design and draw a mascot for a sporting event to be held where you live.



What is your mascot's name? _____

What qualities does your mascot have? _____

Draw these emblems or symbols of Scotland.

1. Thistle (The floral emblem of Scotland.)

2. Unicorn (The national animal of Scotland. Two unicorns were on the old Royal Coat of Arms of Scotland.)

3. Tartan (Tartan is a textile pattern that usually signifies a particular Scottish clan.)

Place these Commonwealth Games host cities in alphabetical order

Hamilton -----

London -----

Sydney -----

Auckland -----

Vancouver -----

Cardiff -----

Perth -----

Kingston -----

Edinburgh -----

Christchurch -----

Edmonton -----

Brisbane -----

Victoria -----

Kuala Lumpur -----

Manchester -----

Melbourne -----

Delhi -----

Glasgow -----



GRAMMAR

1. Which sentence is correct?

- a) My father is consider taking us to Glasgow to see the swimming.
- b) My father is considering taking us to Glasgow to see the swimming.
- c) My father is considering take us to Glasgow to see the swimming.
- d) My father is considering taking us to Glasgow to saw the swimming.

2. Which word in this sentence is an action verb?

Sarah cheered for the Welsh team.

- a) Sarah
- b) cheered
- c) Welsh
- d) team

3. Which sentence is correct?

- a) what is the name of the Canadian captain?
- b) What's is the name of the Canadian captain?
- c) What are the name of the Canadian captain?
- d) What is the name of the Canadian captain?

4. Which sentence is correct?

- a) My friend may travels to Glasgow by train.
- b) My friend may travel to Glasgow by train.
- c) My friend may travel to Glasgow in train.
- d) My friend may travel too Glasgow by train.

5. Which word completes this sentence?

Jeff walked to the stadium _____.

- a) slowly
- b) slowed
- c) slowingly
- d) slows

6. Which sentence is correct?

- a) Hockey balls is smaller than footballs.
- b) Hockey balls are smallest than footballs.
- c) Hockey balls are smaller than footballs.
- d) Hockey balls are small than footballs.

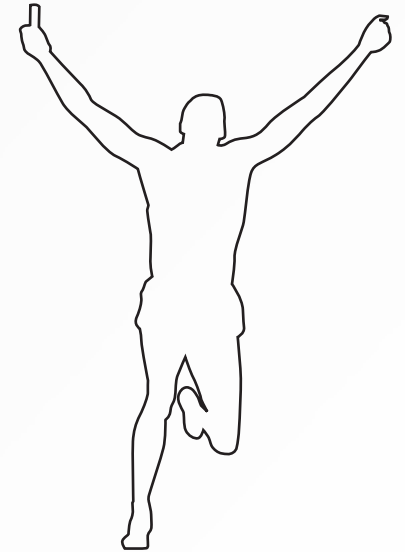
7. Which conjunction would be most suitable in this compound sentence?

Do you want to see the cycling, ____ would you rather see the swimming?

- a) yet
- b) so
- c) or
- d) for

8. Which sentence has the correct punctuation?

- a) "Is the game almost over?" he asked.
- b) "Is the game almost over. he asked?"
- c) "Is the game almost over?", he asked
- d) "Is the game almost over? He, asked.



9. Which adverb most closely matches the underlined adverb in meaning?

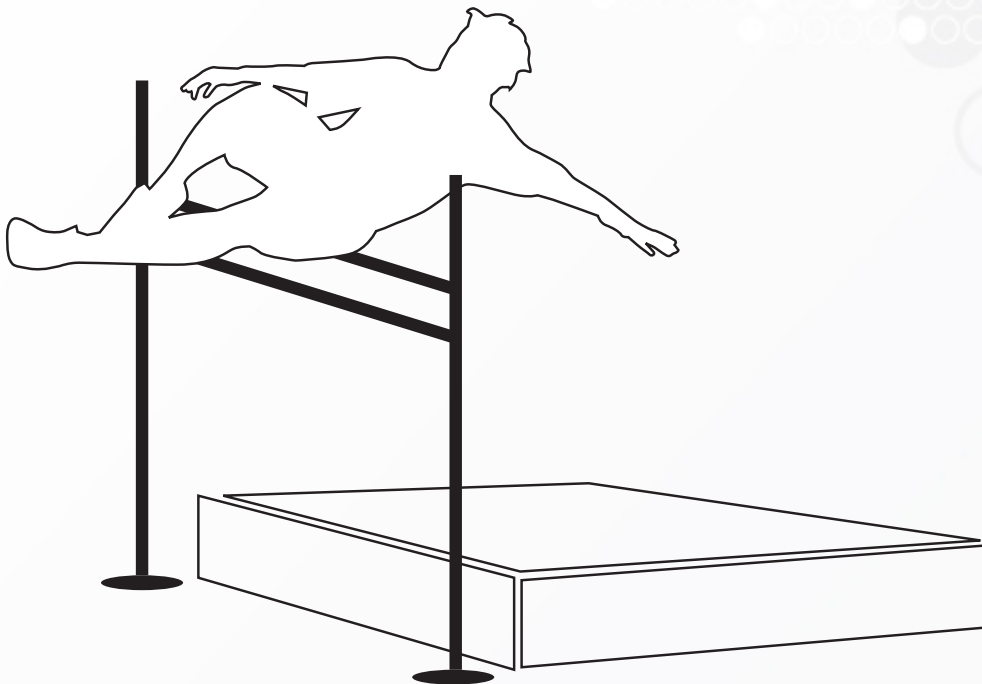
The crowd calmly waited for the rain to stop.

- a) noisily
- b) happily
- c) slowly
- d) patiently

10. Which word best completes the sentence?

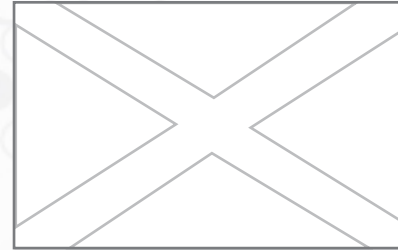
Can you see the English team over _____?

- a) their
- b) they're
- c) there



FLAGS

Colour the flag of Scotland.



Draw the Union Jack.



The flag of Scotland forms part of the Union Jack. (The Union Jack is the flag of the United Kingdom)

Name six countries that have a Union Jack on their flag.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Draw, name and colour the flags of four countries or territories participating in the Commonwealth Games.
