## Fast Facts

- The Peregrine falcon is the fastest bird. It can dive at over 320 kph .

- The cheetah can run at 100 kph over short distances which makes it the fastestland animal.
- The sailfish is the fastest fish. It has been measured swimming at over 110 kph .
- The fastest human can run about 43 kph .
- The fastest known thing in the universe is light. Light travels at a speed of 299,792 kilometres per second.
- The fastest plane can reach 8230 kph .
- Bamboo is one of the fastest growing plants in the world. It can grow 100 cm in one day.
- The fastest ever eater in the world ate 53 hot dogs in 12 minutes.
- The fastest tortoise travels slowly, but can sometimes manage human walking speeds.

Do you know any more 'fast'facts?

## Fast Talking

Most people can speak at about 60-100 words per minute. However, the fastest speaker in the world can speak over 600 words perminute.

How fast can you talk?
See how many words you and your family can speak in one minute.

## Drawing

There are many fast animals including lions, gazelles, horses, greyhounds and rabbits.


Select three animals you most like and draw them 'having a race'.

## Adverbs

Adverbs are words that add information to a verb.

Select the most suitable adverb.

That greyhound can run very quickly/quietly.


Jack ran Iazily/swiftly to the finish line and won the race.

Nadia rapidly/slowly finished her homework so she could go out and play.

John waited privately/patiently at the bus stop for the bus to arrive.

Tom wanted to be first to the top of the tree so he climbed swiftly/carelessly.

## Times Tables

How fast can you correctly write your times tables?
Write each table at three different times and record the time it takes each time.

| $3 x$ table 1._ 2. | 3. |
| :---: | :---: |
| $5 x$ table 1. 2. | 3. |
| 7x table 1. 2. | 3. |
| 2xtable 1.__ 2. | 3. |
| 4xtable 1.__ 2. | 3. |
| 6xtable 1.__ 2. | 3. |

Try and improve your time at each attempt.
Which table did you write the fastest?

