

Name: _____

Date: _____

Hi, my name is Gracie. I am five years old and I go to ballet lessons.

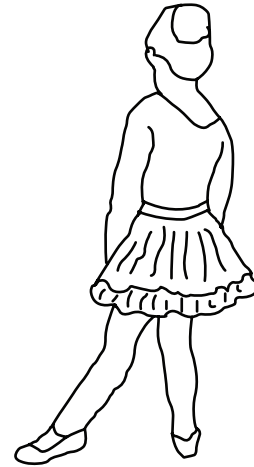
We wear a leotard and a tutu. We wear stockings and ballet slippers.

We stretch our muscles to warm up.

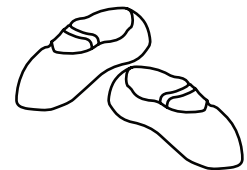
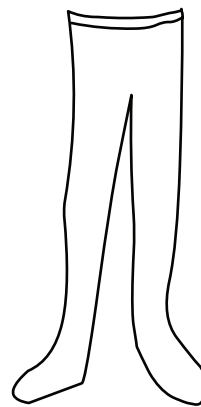
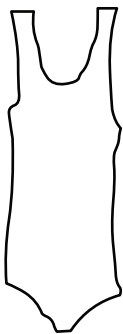
In class we all stand in a circle and listen to our teacher. We point our toes and move to the lovely music.

I am a beautiful ballerina!

Ballet Class



What do girls wear to ballet lessons? Write the names of the clothing.



Name: _____

Date: _____

Write a sentence about each picture.







How many dancing words can you think of?

spinning

pointing

Draw some ballet dancers.

Name: _____

Date: _____

Ballet Facts True or False?

1) Ballet dancers stretch before they dance to warm up their muscles. _____

2) Only girls can do ballet. _____

3) Ballet dancers always move slowly. _____

4) Ballet dancers have strong muscles. _____

5) Ballet dancers can dance on their toes. _____

g	r	a	c	e	f	u	l
b	c	t	w	i	r	l	d
b	a	l	a	n	c	e	a
h	r	l	q	u	y	s	n
e	j	k	l	e	a	p	c
t	u	r	n	e	m	i	i
n	t	w	i	s	t	n	n
s	t	r	e	t	c	h	g

ballet

twirl

dancing

graceful

stretch

balance

turn

spin

leap

twist

Name: _____

Date: _____

What other types of dancing have you seen? Choose two

- Name the dance type.
- Describe the clothing worn.
- State how many people can dance together.
- Describe the dance.
- Draw an illustration.

line dancing square dancing
jazz ballroom funk
tap dancing ballet
break dancing

Type 1: _____	Type 2: _____
Clothing: _____	Clothing: _____
People: _____	People: _____
Description: _____	Description: _____
_____	_____
_____	_____
_____	_____
Draw:	Draw: