

Emu Egg Race

Play in relay teams.

Each team has three basketballs (eggs) and a hula hoop (nest).

Players must carry one egg between their knees and one egg under each wing without dropping them.

Each player races around an obstacle and deposits the eggs in the nest.

The first team back wins.



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Balloon Badminton

Play in pairs.

Use a balloon for the shuttle and two fly swatters as racquets. (Alternatively make racquets using paper plates and wooden pop sticks or simply use your hands.)

Award points when your opponent can't reach the balloon before it touches the ground.

First person to score eleven points wins.



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