CUP STACKING RELAY

Play in teams as a relay.

Set out a starting line and a table stacked with 6 upside down plastic cups (in a pyramid) about 20 m away.

Line up behind the starting line. On the signal to go, the first member runs up, behind the table and unstacks the cups. They then need to restack the cups in a pyramid and run back to their team so the next person can start. Team that finishes first wins.





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PASS THE RUBBER CHICKEN

Play in relay teams.

You need one set of oversized clothes, funny wigs etc, plus a rubber chicken for each team.

On the signal to go, the 1st runners pull on the funny clothes and run with their rubber chicken to the next team member. After a quick swap of clothes the relay continues.

First team finished wins.



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